

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00- Daily Chronicle & Sit & Stretch 1	9:15- Greet the Day & Armchair Fitness 2	9:15- Daily Chronicle & Music n. Movement 3	10:00- cctv Movie: <i>Royal Nanny</i> 4	9:15- Greet the Day & Armchair Aerobics 5	9:30- Daily Chronicle & Chair Yoga 6	10:00- Greet the Day & Chair Dancing 7
11:00- Morning Devotions	10:30- Accordion Music with Henry- CH/cctv	10:30- Variety Program- CH/ Music with DJ Bill cctv		10:30- Hymn Sing- CH/cctv	11:00- Catholic Rosary- CH	11:00- Daily Devotions
1:30- Bean Bag Toss	1:45- Bingo	1:45- Bowling		2:00- CCTV Movie: <i>A Kismet Christmas</i>	2:00- CCTV Movie: <i>Christmas Made to Order</i>	1:30- Tally Oop!
2:00- Welcome December	2:30- December Adult Coloring	2:30- Christmas Trivia	1:30- Frey Band- CH/cctv			2:00- Movie Matinee- cctv <i>Christmas at Grand Valley</i>
3:00- Worship Service- CH/cctv	3:15- Strike Zone!	3:15- Rolling Doubles	3:00- Vespers- CH/cctv		6:30- Jamming with Stan	2:30- Manicures
	6:30- December Ponderings		6:30- Gingerbread Man Game	6:30- Bingo		
10:00- Daily Chronicle & Armchair Fitness 8	9:30- Greet the Day & Sit & Stretch 9	9:30- Daily Chronicle & Music n' Motion 10	9:30- Greet the Day & Armchair Aerobics 11	9:15- Daily Chronicle & Chair Yoga 12	9:30- Greet the Day & Chair Dancing 13	10:00- Daily Chronicle & Sit & Stretch 14
11:00- Daily Devotions	10:30- Morning Devotions	10:30- Daily Devotions	11:00- Catholic Mass- CH	10:30- Hymn Sing- CH/cctv	11:00- Catholic Rosary- CH	11:00- Morning Devotions
1:30- Bullseye Washer Toss	1:45- Noodle Ball	1:45- 6 or Less Game	1:30- Frey Band- CH/cctv	1:45- Cook Club	1:45- December Birthday Party	1:30- Bean Bag Toss
2:00- What Am I?	2:30- Musical Monday- cctv <i>A Christmas Carol</i>	2:30- Caroling History	3:00- Vespers- CH/cctv	2:30- Grocery Store Game	2:30- Happy Birthday Jingo	2:00- Movie Matinee- cctv <i>It's a Wonderful Life</i>
3:00- Worship Service- CH/cctv	6:30- Christmas Sing-Along	3:15- Popcorn Toss	6:30- St Lawrence Adult Tammies- CH/cctv	3:15- Ring Toss	3:15- Rolling Doubles	2:30- Hand Massages
	6:30- December Random Trivia	6:30- December Random Trivia		6:30- Bingo		
10:00- Greet the Day & Morning Exercise 15	9:30- Daily Chronicle & Armchair Fitness 16	9:15- Greet the Day & Music n' Movement 17	10:00- Daily Chronicle & Armchair Aerobics 18	9:15- Greet the Day & Morning Exercise 19	9:30- Daily Chronicle & Chair Yoga 20	10:00- Santa's Christmas Deliveries- East 21
11:00- Morning Devotions	10:30- Daily Devotions	10:30- Variety Program- CH/ Music with Jay Vanada cctv	11:00- Morning Devotions	10:30- Hymn Sing- CH/cctv	11:00- Catholic Rosary- CH	12:00- Mail Delivery- RV
1:30- Balloon Volley	1:45- Bingo	1:45- Strike Zone!	1:30- Frey Band- CH/cctv	1:45- Tally Oop!	2:00- Sing-Along with Santa- CH/cctv	2:00- Movie Matinee- cctv <i>Christmas at Pemberley Manor</i>
2:00- <i>Remembering the Sears Wish Book</i>	2:30- Kick Ball	2:30- Who Am I?	3:00- Vespers- CH/cctv	2:30- Christmas Traditions	3:45- <i>Dear Santa</i>	2:00- Santa's Christmas Deliveries- North Winter Begins
3:00- Worship Service- CH/cctv	3:15- Heartwarming Holiday Stories	3:15- Bowling	6:30- Christmas Adult Coloring	3:15- Bullseye Washer Toss	6:30- Jamming with Stan	
	6:30- <i>A Gene Autry Christmas</i>	6:30- <i>A Gene Autry Christmas</i>		6:30- Bingo		
10:00- Daily Chronicle & Chair Dancing 22	9:30- Greet the Day & Sit & Stretch 23	9:30- Daily Chronicle & Armchair Fitness 24	10:00- Christmas Sing-Along 25	9:15- Chronicles & Exercise 26	9:30- Greet the Day & Music n' Motion 27	10:00- Daily Chronicle & Armchair Aerobics 28
11:00- Daily Devotions	10:30- Morning Devotions	10:30- Daily Devotions	10:30- Christmas Devotional	10:30- Hymn Sing- CH/cctv	11:00- Catholic Rosary- CH	11:00- Daily Devotions
1:30- Noodle Ball	1:45- Roll A Gingerbread Man Game	1:45- Christmas Party with Christmas Jingo	11:00- Christmas Music Trivia	1:30- Frey Band- CH/cctv	1:45- 6 or Less Game	1:30- Ring Toss
2:00- Can You Picture This?	3:15- Holiday Trivia	3:00- Christmas Eve Vespers Service- CH/cctv	12:00- Social Dining	2:30- Kick Ball	2:30- Name 10	2:00- Movie Matinee- cctv <i>Holiday Inn- cctv</i>
3:00- Worship Service- CH/cctv	6:30- December Ponderings	6:30- Remembering Christmas Celebrations	Afternoon Movie Matinee: <i>A Christmas Story- Ch. 59</i> Christmas Hanukkah Begins	3:15- <i>The Gift That Keeps on Giving</i>	3:15- Popcorn Toss	2:30- Manicures
	6:30- December Ponderings	6:30- Remembering Christmas Celebrations		6:30- Bingo Boxing Day (Canada) Kwanzaa Begins	6:30- Guitar Music	
10:00- Greet the Day & Morning Exercise 29	9:30- Daily Chronicle & Chair Yoga 30	9:15- Greetings & Exercise 31	<h1>December 2024</h1> <h2>Phoenix Unit Activities</h2>			
11:00- Morning Devotions	10:30- Daily Devotions	10:30- Variety Program- CH/ Music with Lee Moyer cctv				
1:30- Rolling Doubles	1:45- Bingo	1:30- Noodle Ball				
2:00- Winter Trivia	2:30- Musical Monday- cctv <i>White Christmas</i>	2:15- Finish The Line				
3:00- Worship Service- CH/cctv	2:30- New Year's Art	3:00- Vespers- CH/cctv				
	2:30- New Year's Art	6:30- Get on the Ball New Year's Eve				

Calendar subject to change. Individual needs met daily.

CH- Chapel

CCTV- Ch 3