

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# March 2025

## Phoenix Unit Activities

							10:00- Greet the Day & Music n' Movement <b>1</b>
							11:00- Morning Devotions
							1:30- Bowling
							2:00- Movie Matinee- <i>Ice Princess</i>
							2:30- <i>Hand Massage</i>
10:00- Daily Chronicle & Sunday Stretches <b>2</b>	9:30- Greet the Day & Exercise <b>3</b>	9:15- Daily Chronicle & Exercise <b>4</b>	9:30- Greet the Day & Armchair Aerobics <b>5</b>	9:15- Daily Chronicle & Exercise <b>6</b>	9:30- Greet the Day & Exercise <b>7</b>	10:00- Daily Chronicle & Chair Dancing <b>8</b>	
11:00- Daily Devotions	10:30- Morning Devotions	10:30- <i>Music with DJ Bill- CH</i>	10:30- Bible Study with Chaplain Anders	10:30- Hymn Sing- CH/cctv	11:00- Catholic Rosary- CH	11:00- Daily Devotions	
1:30- Strike Zone!	1:45- Bingo	1:45- Bullseye Washer Toss	1:30- Frey Band- CH	1:45- Noodle Ball	1:45- Ring Toss	1:30- Kick Ball	
2:00- Give Me Five	2:30- Tally Oop!	2:30- What Am I?	3:00- Vespers- CH	2:30- Foods from A—Z	2:30- This & That Trivia	2:00- Movie Matinee- <i>Snow Dogs</i>	
3:00- Rolling Doubles	3:15- Travelogue: New Orleans	3:15- Dart Toss	6:30- Eldersong Sing-Along	3:15- Popcorn Toss	3:15- 6 or Less Game	2:30- <i>Manicures</i>	
	6:30- Reminiscing: The Movies	6:30- <i>Mardi Gras Art</i>		6:30- Bingo	6:30- Jamming with Stan		
10:00- Greet the Day & Sit & Be Fit <b>9</b>	9:30- Daily Chronicle & Exercise <b>10</b>	9:30- Greet the Day & Sit & Stretch <b>11</b>	9:30- Daily Chronicle & Armchair Fitness <b>12</b>	9:15- Greet the Day & Exercise <b>13</b>	9:30- Daily Chronicle & Exercise <b>14</b>	10:00- Greet the Day & Saturday Stretches <b>15</b>	
11:00- Morning Devotions	10:30- Daily Devotions	10:30- Morning Devotions	10:30- Daily Devotions	10:30- Hymn Sing- CH/cctv	11:00- Catholic Rosary- CH	11:00- Morning Devotions	
1:30- Balloon Volley	1:45- Bingo	1:45- Strike Zone!	1:30- Frey Band- CH	1:45- Cook Club	1:45- February Birthday Party	1:30- Dart Toss	
2:00- March Ponderings	2:30- Bean Bag Toss	2:30- Ireland Interesting Facts	3:00- Vespers- CH	2:30- Grocery Store Game	2:30- Happy Birthday Jingo	2:00- Movie Matinee- <i>The Parent Trap</i>	
3:00- Worship Service- CH <i>Daylight Saving Time Begins</i>	3:15- Finish the Line	3:15- Bowling	6:30- St. Patrick's Day Art	3:15- Rolling Doubles	3:15- Tally Oop!	2:30- <i>Manicures</i>	
	4:00- Musical Monday- <i>Brigadoon</i>	6:30- <i>Name 10</i>		6:30- <i>Bingo</i> <i>rim Begins</i>	6:30- Guitar Music		
10:00- Daily Chronicle & Music & Movement <b>16</b>	9:30- Greet the Day & Exercise <b>17</b>	9:15- Daily Chronicle & Exercise <b>18</b>	9:30- Greet the Day & Music n' Motion <b>19</b>	9:15- Daily Chronicle & Exercise <b>20</b>	9:30- Greet the Day & Exercise <b>21</b>	10:00- Daily Chronicle & Armchair Aerobics <b>22</b>	
11:00- Daily Devotions	10:30- Morning Devotions	10:30- <i>Music-The O'Henry's-CH</i>	10:30- Daily Devotions	10:30- Hymn Sing- CH/cctv	11:00- Catholic Rosary- CH	11:00- Morning Devotions	
1:30- Bullseye Washer Toss	1:45- Celebrating St. Patty's Day	1:45- Popcorn Toss	1:30- Frey Band- CH	1:45- 6 or Less Game	1:45- Kick Ball	1:30- Bean Bag Toss	
2:00- Remembering the Luck of the Irish	2:30- Noodle Ball	2:30- Jokes & Quotes	3:00- Vespers- CH	2:30- Quiz Me From A—Z	2:30- Eldersong Sing-Along	2:00- Movie Matinee- <i>The Parent Trap II</i>	
3:00- Worship Service- CH	3:15- Bingo	3:15- Flickin' Chickens	6:30- Flute Music w/ Stephanie	3:15- Ring Toss	3:15- Balloon Volley	2:30- <i>Hand Massage</i>	
	6:30- <i>We're All Irish on St. Patrick's Day</i>	6:30- Tic Tac Toe		6:30- <i>Springtime Jingo</i> <i>Spring Begins</i>	6:30- Jamming with Stan		
10:00- Greet the Day & Sunday Stretches <b>23</b>	9:30- Daily Chronicle & Exercise <b>24</b>	9:15- Greet the Day & Exercise <b>25</b>	9:30- Daily Chronicle & Chair Yoga <b>26</b>	9:15- Greet the Day & Exercise <b>27</b>	9:30- Daily Chronicle & Sit & Stretch <b>28</b>	10:00- Greetings, Exercise & Daily Devotions <b>29</b>	
11:00- Daily Devotions	10:30- Morning Devotions	10:30- <i>Music with Roger- CH</i>	10:30- Bible Study with Chaplain Anders	10:30- Hymn Sing- CH/cctv	11:00- Catholic Rosary- CH	1:30- Daily Devotions	
1:30- Strike Zone!	1:45- Bingo	1:45- Tally Oop!	1:30- Frey Band- CH	1:45- Dart Toss	1:45- Bullseye Washer Toss	2:00- Movie Matinee- <i>Heidi</i>	
2:00- March EZ Category Trivia	2:30- Bowling	2:30- This & That Trivia	3:00- Vespers- CH	2:30- Finish The Line	2:30- EZ Music: Finish the Song Lyrics	2:30- <i>Manicures</i>	
3:00- Worship Service- CH	3:15- Trivia Treasury	3:15- Rolling Doubles	6:30- Tic Tac Toe	3:15- Noodle Ball	3:15- 6 or Less Game	6:30- Guitar Music	
	4:00- Musical Monday: <i>Matilda The Musical- N</i>	6:30- Springtime Adult Coloring		6:30- Bingo			
10:00- Daily Chronicle & Sit & Be Fit <b>30</b>	9:30- Greet the Day & Exercise <b>31</b>	<b>Happy March Birthday to:</b>					
11:00- Morning Devotions	10:30- Daily Devotions	<b>Arlene Gill- 3/3 and Viola Rados- 3/30</b>					
1:30- Ring Toss	1:45- Bingo	<i>March comes in like a lion and goes out like a lamb</i>					
2:00- Can You Picture This?	2:30- Popcorn Toss						
3:00- Worship Service- CH	3:15- March Ponderings						
	6:30- Give Me Five						

Activities subject to change. Individual needs met daily.